

Thank you for joining us for the Nested Childbirth Education virtual online class! Resource Guide and FSA Information

Dear Parents-to-Be,

Thank you for being a part of our Nested Childbirth Education (CBE) Bootcamp virtual online class! After having viewed the course video and participating in the virtual LIVE Q&A discussions, we hope you feel more confident, reassured and empowered. As educators, it is really fulfilling to see your excitement and answer your questions.

Educational Information: Please visit and bookmark our Resource Guide page for:

- Childbirth Education (CBE) Resource Guide is available to download (NOTE: the password is: nestedhappy)
- Additional helpful tips and links

Flexible Spending Account Information: If you are eligible, documentation for Flexible Spending Account reimbursement can be found on your class registration confirmation receipt you received via email when you signed up for the class. This order confirmation has Nested's LLC address and Tax ID information and ICD-10 codes for you to submit to your FSA provider. Additional information may be found on <u>our website's Flex Spending page.</u>

Feedback: In efforts to continually improve our classes and experience, please take a moment to complete this very short <u>Virtual Course Feedback Survey</u> AND please rate us on <u>YELP!</u>



Lastly, we appreciate the opportunity to educate you on this magical adventure called parenthood and have you be a part of our Nested village! #welcometothenest

Warmly,



