



nested

*Did you know?
Nestled was awarded as a "Top Parent Educator" in DC, Maryland, and Virginia!*



PURCHASE YOUR COPY OF "WHAT THEY DON'T TELL YOU ABOUT HAVING A BABY" BY DR. HEATHER JOHNSON

Happy Fall! Nested has tons of exciting news to share. With the leaves changing, pumpkins to be carved and the season for gratefulness upon us we hope your families are taking a moment to take it all in.

One of our very own Reiter Hill Johnson Nevin providers- Dr. Heather Johnson just released a book: ***What They Don't Tell You About Having a Baby: An Obstetrician's Unofficial Guide to Preconception, Pregnancy and Postpartum Life.***

When patients are trying to get pregnant or already pregnant and want an updated, "not scary" and well researched book, I'm often challenged with a recommendation. Well, I have a favorite book now! Dr. Johnson's book is well written, depicts the ups and downs of preconception, pregnancy, labor and delivery and has helpful tidbits for the postpartum period.

Personally, as a colleague, friend (and yes a former obstetrical patient of Dr. Johnson), I can honestly say I both laughed and cried while reading it. It is a great book!

Please check out our Nested website as our 2020 calendar up!

Nidhi & the Nested Team

[Purchase your Copy](#)

CONGRATULATIONS, WENDY!

Wendy was the lucky winner of Nested's "Date on Us" giveaway, sponsored by Reiter Hill Johnson and Nevin, and Nested LLC. With her second baby on the way, Wendy won an evening out at Founding Farmers; what more special of a way to celebrate the Fall and her growing family?!



Stay Social with Nested!

