



*This is a living document that will be updated as the situation unfolds and more information becomes available.*

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March 14, 2020

Dear Nested Community,

The health and safety of our clients, staff and volunteers is always our top priority, especially during this COVID-19 (coronavirus) pandemic. Therefore, in keeping with the recommendations by the DC Department of Health, **Nested LLC is SUSPENDING ALL of our IN-PERSON classes through April 12, 2020, effective immediately.** We will keep you updated as this situation develops.

**If you are scheduled for a Nested class during March 15 – April 12, 2020, you will receive an email from us with information about how to access our HIPAA-compliant webcast or video for the class that you are currently registered to take. Should you prefer an in-person class instead of viewing the webcast or video, you will have the opportunity to reschedule for another available date once in-person classes resume.**

*When the webcasts and videos are available, Nested will post more information on our website and through our social media accounts. If you are interested in receiving information about access to these alternatives, please [email us](#) with the subject line: “interest in webcast” or “interest in video”.*

**The CDC website is updated regularly. Please refer to it for the latest news and information about [Coronavirus Disease 2019 \(COVID-19\)](#)**

If you have any questions, please do not hesitate to contact us.

Warmly,

Nidhi Reva MPH, PA-C

**NIDHI REVA**

*Founder and Managing Director*



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**For Updates: please continue to monitor your inboxes, follow us on [Facebook](#), [Instagram](#), and visit [www.nestedbaby.com](http://www.nestedbaby.com)**