



- Project Nido -

AUGUST 2 - 9, 2025 - ECUADOR

**MAKING A DIRECT
IMPACT ON LOCAL
COMMUNITIES**

**PROVIDING
AUTHENTIC CULTURAL
EXCHANGES**

**SHARING THE
TREASURES OF
ECUADOR!**

Join Nested on its annual medical mission to Ecuador in partnership with the non-profit organization, Partners for Andean Community Health (PACH). Volunteers will participate alongside FIBUSPAM staff on mobile medical clinics for underserved indigenous communities in rural Ecuador. Volunteers play an important role in the medical caravans, while gaining a unique cross-cultural experience. Roles can include prescribing and distributing reading glasses, providing dental education to children, and supporting community projects. No medical experience nor Spanish language abilities is needed to volunteer!



ABOUT US

PACH's mission is to foster sustainable health care systems and communities in Andean Ecuador by providing education, resources, and enduring solutions through supporting its Ecuadorian non-profit clinic, Fundacion Internacional Buen Samaritano Paul Martel (FIBUSPAM).



Nested Health was founded by Nidhi Reva, MPH, PA-C to provide holistic educational experiences focused on preparing expectant families & share life-saving skills to build healthy communities. Nested empowers women and their families, both locally and abroad, by providing them with childbirth and newborn care education as well as invaluable medical and public health resources.



JOIN NOW!

**To register, donate, & request
information email:**
info@nestedbaby.com



DAY 1: ARRIVE TO QUITO



DAY 2: TRAVEL TO THE AMAZON & WELCOME ACTIVITY



DAYS 3 - 4: MEDICAL CARAVAN



DAY 5: COMMUNITY PROJECT & EXCHANGE



DAY 6: AMAZON NATURE PRESERVE



DAY 7: TRANSFER TO QUITO & TOUR

Travel with an Impact

- Work alongside local healthcare leaders & support Andean communities at the same time!
- Know that your participation is providing tangible benefits focused on longterm community solutions.
- Families are encouraged to participate with teens gaining unique experiences prior to college!
- All planning and logistics are taken care of by us!
- NO MEDICAL EXPERTISE IS REQUIRED!

Included:

- Private ground transportation
- Bilingual guide 24/7
- Lodging (double/triple)
- Breakfast, lunch & dinner
- Program fees
- All tour activities in itinerary

Not Included:

- Airfare
- Travel & medical insurance
- Additional food & drinks
- Personal expenses
- Souvenirs
- Tips for driver and guide

Per Adult

\$1,850

Per Child

\$1,550

Group fundraisers can help cover a portion of costs & scholarships may be available at www.pachecuador.org

